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Vol. 41 No. 2

Yokota Air Base, Japan

Jan. 14, 2000

News in short

Quarterly awards

The following were recently selected as Yokota's best of the best for the last quarter of 1999:

Company grade officer

Capt. Michael Mullins, 374th Communications Squadron, and 1st Lt. Jeremy Long, 630th Air Mobility Support Squadron.

Senior NCO

Master Sgt. Rendal Bass Jr., 374th Security Forces Squadron, and Sgt. 1st Class Tommy Byrd, Defense Finance Account Service-Japan.

NCO

Tech. Sgt. Dorand Neal, 374th Supply Squadron, and Staff Sgt. Charles McQueen, 5th Air Force.

Airman

Airman 1st Class Tania Ehrhart, 374th Aerospace Medicine Squadron, and Airman 1st Class Lloyd Wright Jr., Det. 2 PACAF Air Postal Squadron.

Carlos goes to trial

Jerome Carlos, the 20-year-old former Yokota dependent fingered in the 1998 base exchange robberies, is scheduled to appear in Hachioji District Court Jan. 21. He has been charged with felony larceny and trespassing for the robberies in which about \$175,000 worth of merchandise was taken.

According to Lt. Col. Gerard Bigos, 374th Security Forces Squadron commander, Carlos was the ring-leader in the three summer thefts.

Five base dependents were subsequently barred from base for the robberies, four of which had already been previously barred for other offenses.

This trial should serve as a warning to all of Yokota's members, according to Bigos. "It (the trial) is going to send a signal that, hey, crime doesn't pay if you get caught at Yokota."

Since the thefts, the exchange has increased their security with the help of Yokota police.

MLK celebration

There will be a Dr. Martin Luther King Jr. commemorative march and prayer breakfast Monday. Buses will be at the officers' club at 7 a.m. to transport participants to the terminal. At 7 a.m. the march will begin at the terminal and will end at the officers' club. The breakfast will follow at 9 a.m. The guest speaker is Dr. Rev. Reginald Kennedy of Baltimore, Md.

For more information, call 225-8118.

NEW BOSS

Volcheff hands over command of wing to Zamzow

By 1st Lt. John Sheets
374th Airlift Wing Public Affairs

Leadership of the 374th Airlift Wing and responsibility for Team Yokota changed hands Tuesday in a formal ceremony here.

Lt. Gen. Paul Hester, U.S. Forces Japan commander, presided over the ceremony in which Col. Mark R. Zamzow accepted the reins from Col. Mark A. Volcheff, to assume duties as the 374th AW commander.

Zamzow, former chief of the Program Integration Division, Plans and Programs Directorate at Headquarters, U.S. Air Force, is now responsible for the only airlift wing in the Pacific theater.

During his change-of-command address, Zamzow praised the accomplishments of Volcheff and the 374th AW over the last eighteen months. "The 374th has a tradition of excellence as continually being recognized for excellence not only with individual and unit awards, but also higher headquarters-level awards such as winning the recent PACAF base appearance award and the Presidential Quality Improvement Award," he said.

Zamzow impressed two priorities upon his new wing—community and mission. "Community cohesiveness and mission success are not mutually exclusive. In fact, they are directly related—the great mission effectiveness is achieved when community is strongest.



photo by Senior Airman Bill Greer

Col. Mark Zamzow, 374th Airlift Wing commander, salutes Lt. Gen. Paul Hester, USFJ/5AF commander, during his assumption of command ceremony.

"That's because the highest degrees of quality of life—work environment, home environment, personnel support programs, relationships with local municipalities and all of those other community aspects and people programs—make up the difference between simple mission accomplishment and complete mission success," Zamzow explained.

Zamzow is no stranger to Team Yokota. "From my earlier tour of duty at Yokota in

1991 to 1994, I was certainly familiar with the tradition of quality service that Team Yokota provides Pacific Command, Pacific Air Forces and the tenant units assigned here," he said.

While assigned here he commanded the 21st Airlift Squadron, a C-130 squadron later redesignated as the 36th AS. During his command, the 36th AS became the largest Air Force C-130 unit with 23 aircraft and 525 personnel.

Air Force's top doc visits Yokota

By Staff Sgt. Cindy York
Air Force Print News

The Air Force's top medic visited Yokota Jan. 7 and 8 to begin his inaugural sweep through the Pacific as the service's new surgeon general.

He praised the base and complemented its "superb (medical) facilities."

Lt. Gen. Paul K. Carlton Jr. said he hoped he and his team would learn and understand the medical issues in the western Pacific during the seven-day trip. He also wants to make sure those in Washington are giving those issues adequate representation.

Having held the post for one month, Carlton, a 31-year Air Force veteran, said his top priority is to provide an unrelenting focus on the customer.

During a talk with 374th Medical Group personnel here, Carlton also stressed the importance of changing the way military health care is provided. He said the cost of providing care in military facilities is too much and is going to have to

"If we build a system that is more expensive than downtown, we must have very good justification for that."

Lt. Gen. Paul Carlton Jr.
Air Force Surgeon General

come down to compete with civilian services.

"I believe we can change ourselves and not have military health care go away. It will take some differences in attitudes than perhaps we've had in the past. We must be cost accountable to our customer, the Air Force," the general said. "If we build a system that is more expensive than downtown, we must have very good justification for that. And, if not, we must look and say, 'Well, maybe we need to build a different system.'"

One of Carlton's ideas for that system is to change the medical focus.

"We will be practicing health in the future. It's no longer where we focus on surgery or medicine or nursing or dental. We'll focus on health. How do we keep our human, which is the most important system we have, healthy?"

In maintaining that focus, Carlton talked about health care for retired members, including those living overseas. He said

see DOC page 5

Hard work 'pays off' for comptrollers

By Staff Sgt. Jeff Loftin
Fuji Flyer Editor

Hard work and dedication really paid off for the 374th Comptroller Squadron earning them the title of Pacific Air Forces financial management office of the year.

"I'm extremely pleased that we were able to win this award, said Lt. Col. Eugene Dacus, comptroller. "This is an accomplishment of the squadron, but I'd like to give credit to the wing too. We have stewardship of the wing's funding. We don't do the actual execution. It's the actual units out there, it's the group commanders, and it's the squadron commanders, section chiefs, etc., who do the actual work.

"When you win an award like this, especially with what we do, it has to be shared with the rest of the wing," he said. "Two areas in particular: We have a lot of support agreements with different agencies and tenants on this base. They have to reimburse us for some services we provide to them. In the past we were not doing a good job of identifying the cost and billing those tenant units, thus the wing was losing reimbursements. We were identified as the worst base in PACAF as fiscal year '98 closed. But with the help of 374th Airlift Wing Logistics Plans and Mr. William Hash, we were able to turn that from worst in PACAF to the best. Collection went from 59 percent to 100 percent."

By the same token, the execution rates for military family housing during fiscal '98 were at the bottom of the command, according to Dacus. But working with CE they were able to turn that around this year and those execution rates were at the top of the command. As a result the wing received an incentive bonus from PACAF of about \$800,000. CE was able to use the money to do some work in family housing. Tsunehiro Aoki, a 374th Civil Engineer Squadron resource advisor, was named the PACAF resource advisor of the year.

Budget wise the comptroller squadron was able to assist the wing in managing some difficult challenges last year.

"Funding, from the very beginning, was not good," said Dacus. "We had some challenges in the flying arena and were looking at about a \$3.5 million shortfall there. Capt. James Bell and his folks were able to get the vital information to the wing leadership, keep them focused on the issues and probable solutions, and we were able to cut that down to about \$1.8 million."

"That was a cooperative effort between the logistics group and the operations group," said Bell, who was named the PACAF financial management analysis officer of the year. "Staff Sgt. Chris Hunn was a catalyst in those issues."

When the PACAF commander sent out a call for unfunded quality of life

see PAID page 5

A hole lot of video

Patron finds WWII septic tank

By Senior Airman Matt Miller
374th Airlift Wing Public Affairs

Quite often people don't realize how lucky they are. For years Yokota members have used the southernmost parking spaces in front of the Box Office Video on the main side of the base.

Without even a bat of the eye, customers would zip into those spaces, run into the shoppette for a snack or movie and leave without even giving the engine time to cool down.

That was until Jan. 3 when one base member emerged from the shoppette to find a surprise – their van tire had partially disappeared into the asphalt.

Getting some help from some perplexed onlookers, the driver was successful in getting their van out of the hole and was able to get on their way.

"There was no way for someone to see how big of a problem this really was, especially for people who don't work with asphalt every day," said Tech. Sgt. Corey Prentice, 374th Civil Engineer Squadron's heavy repair section.

That's when CE got the call. A crew from the heavy repair section was dispatched and cordoned off the area. Members of the crew assessed the situation by peering into the small hole left by the van tire.

Initial assessments told the crew that they would need some heavy equipment to solve this problem.

"I was concerned for the safety of everyone involved just by looking at the hole left by the van," said Prentice.

Using a backhoe to clear the remain-



photo by Master Sgt. Randal Davis

Staff Sgt. Mario Cipriaso and Tech. Sgt. Corey Prentice, heavy equipment operators from the Horizontal Section of the 374th Civil Engineer Squadron, pose with the 11,000 pound concrete disc discovered in the sinkhole.

ing asphalt, the crew uncovered a large five-yen like concrete disc that was entombed in a 20-foot deep hole.

CE officials believe the hole used to be a cement block septic tank capped by the 11,000-pound disc. The contents of the tank eventually ate the cinderblock walls away leaving the large hole and it's lid.

"We find all kinds of things popping out of the ground, but this was definitely the largest I've ever been associated with here at Yokota," said Prentice.

The crew removed the disc from the 20-foot diameter hole and began the painstaking task of properly filling the hole and repairing the storm drain that ran through the site.

Despite the large hole in the shoppette's "front yard" Box Office Video didn't close their doors.

Base members can be rest assured that parking in any of Yokota's parking spaces without incident, but should remember how many times one used the Box Office Video spaces and consider themselves lucky.

AF members get more than raise

By Tech. Sgt. G. A. Volb
374th Airlift Wing Public Affairs

The new National Defense Authorization Act is arguably the most comprehensive compensation package of pay and benefits for service members in 50 years.

Not only does it provide for a 4.8 percent across-the-board pay raise this month, it restores the option of 50 percent base pay retirement at 20 years, and increased financial benefits for all through promotion.

There does, however, remain concerns on the part of officers and enlisted regarding the pay table reform. Air Force leadership is currently expending a lot of resources to explain the overall effects of the act and pay reform. Let's look at a few examples:

Why are mid-level officers receiving the higher targeted raises when all the talk is about retaining mid-level noncommissioned officers?

Well, there are several reasons, according to Air Force leadership. In the Air Force promotion accounts for roughly 54 percent of the pay increases that an enlisted member receives over their career. The reform will increase that amount to 57 percent. For an officer, promotion currently only accounts for roughly 43 percent of the pay increases that an officer receives over their career. The reform increases that amount to 51 percent.

Dramatic changes, particularly for officers, were required to achieve the goal of higher raises for promotion. The idea here is

to reward members for working hard and getting promoted, rather than just sticking around for longevity raises.

This, of course, falls in line with the E-6 who feels there's no pay incentive once reaching the 14 years of service mark. While pay increases for an E-6 over 16 years of service isn't big under the reform, it does provide for greater rewards for performance. Once the E-6 gets promoted to E-7, he or she will see increased pay – totaling 5.5 percent, 5.7 percent, and 7.3 percent – at 16, 18 and 20 years of service.

Then there are those who thought they were going to receive two substantial pay raises, only to feel that many of the enlisted grades have been forgotten, but what needs to be understood is that the pay reform is not only about current rank raises. It also includes that retirement reform mentioned earlier. In fact, the average total enlisted pay increase will equal 6.21 percent, while that for officers is 6.17 percent.

Again, while many members will not see an immediate increase due to the pay table reform, those who stay in and get promoted will see significantly increased earnings as a result of the reform.

"We plan to increase the percentage of our enlisted force in the top five grades from the current 48.5 percentage to 56 percent of the force by 2003,"

said Secretary of the Air Force F. Whit Peters. "That means more and faster promotions, which in turn means earlier and bigger raises."

"We plan to increase the percentage of our enlisted force in the top five grades from the current 48.5 percent to 56 percent of the force by 2003,"

F. Whit Peters
Secretary of
the Air Force

NCO keeps fire from ravaging apartment Bldg.

By Senior Airman Jason Baedke
USAF Band of the Pacific-Asia

A base NCO recently helped keep a fire from spreading through an apartment building and possibly saved the lives of all those sleeping inside.

Before dawn Jan. 6 Staff Sgt. Stanley Sakamoto, chief audio engineer of the U.S. Air Force Band of the Pacific-Asia, had been hearing the sounds of sirens outside his off-base residence and decided to look outside to see if he could see anything from his third-floor apartment. He saw smoke and heard a crackling sound and went downstairs to investigate. Much to his surprise, the first floor restaurant of his building had a fire in the trash area along the outside wall.

"I had a million things running through my mind," he

said "The first thing I thought was, 'How am I going to put this out?' And 'I better call the fire department.'"

The sound of the sirens faded off in the distance. He frantically looked for a hose to put out the fire but couldn't find one. So Sakamoto dialed 110 from his cell phone, the emergency phone number used in Japanese communities. Speaking a moderate amount of Japanese allowed him to be able to explain all pertinent information about the location of the fire to the proper authorities.

He then moved his car so that the fire trucks could both see and easily access the fire. By now the area that was on fire spanned about 15-20 feet across a wall covered by a



Sakamoto

roof overhang. As the fire let off small explosions and toxic smoke from the burning plastic, Sakamoto ran back upstairs and began throwing water over the balcony from a trash can.

"I was hoping the fire trucks got there quick because the fire was spreading and the smoke was getting to me," he said.

But Sakamoto was able to extinguish about half the fire by the time the Japanese fire department arrived in spite of smoke inhalation. He kept the fire from spreading to the second floor, possibly saving the lives of the other building residents who were fast asleep.

"Anyone would have done the same thing if they were in my shoes," he said modestly. "I'm just glad I was curious about the sirens and came to investigate. The damage could have been much worse."

Community Briefs

Commissary closed

The commissary will be closed Monday and Tuesday in observance of the Martin Luther King Jr. holiday.

Pokemon trading

The Yujo Community Center holds a Pokemon trading card event from noon to 2 p.m. Saturday.

Change of command

The 374th Maintenance Squadron will have a change of command ceremony at 9 a.m. Tuesday in the officers club. Maj. Randy Smith will assume command from Lt. Col. Eric Fox.

For more information, call 225-8867.

Coordinators needed

The Military Equal Opportunity Office is seeking program coordinators and committee members for Women's History Month and Asian/Pacific Islanders Heritage Month.

Special observances are designed to enhance cross-cultural awareness and promote harmony among military members, their families and the civilian workforce. To volunteer, call 225-9095 or e-mail 374aw.meo@yokota.af.mil.

Nominations due

The 2000 President's Service Awards nomination packages are due to the Family Support Center by Thursday. These awards honor individuals, families, groups or organizations engaged in voluntary community service which addresses unmet human, educational, environmental or pub-

Above & Beyond

Who: Staff Sgt. Veronica McQueen
Reason: As NCO in charge of claims she was selected as the legal office tax program representative of the year. She is the treasurer of the Hispanic Heritage Month committee and the point of contact for the chapel's homeless ministry's sock drive. McQueen recruited wing-wide volunteers to help feed more than 250 homeless people. As vice president of Route 56 she helped organize a quarterly NCO induction ceremony and got leadership support for a designated driver program.

lic safety needs.

For more information, call 225-8725.

AFA elections

The local Air Force Association Chapter will hold a general meeting and annual election of officers Wednesday at 4:30 p.m. at the Yujo Community Center.

All four key officer positions — president; vice president, secretary and treasurer — are up for election, according to officials from the AFA Tokyo chapter.

The 150,000-member Air Force Association is an independent, nonprofit, civilian organization primarily concerned with promoting understanding and support of aerospace power. There are about 230 AFA members at Yokota, but the organization is always looking to add new members.

The local chapter is primarily involved in handing out scholarship money to Community College of the Air Force graduates through the Eagle Grant Scholarship program, as well as educating the public about

AFA issues.

Most of the officers are due to PCS this year, so it is important to cultivate new leaders, said Maj. Stephen Clutter, president of the local chapter.

The meeting is open to all, including non-members. AFA membership includes officers, enlisted members and civilians, Clutter said. All are welcome to run for office.

Coast Guard ball

The Coast Guard here is celebrating its 85th anniversary with a ball at the officers' club from 5:30 to 11 p.m. Jan. 28. The event costs \$35 and all are invited to help celebrate. For more information or for tickets, call 225-8405.

Classes for the new year

Ready Set Parent — 9 a.m. to 12:30 p.m. Jan. 19 in the Family Advocacy conference room. This class provides an opportunity for new parents to understand factors involved in adjusting to their new roles.

Money Doesn't Grow on Trees — 9 to 11 a.m. Jan. 22 in the Family Support Center. Class is aimed at children in grades 1-6 and their parents. It discusses ways to earn and save money.

Adult study skills/test taking seminar — 6 to 8:30 p.m. Jan. 24 in the FSC. Seminar offers information on setting learning/test taking goals, the dynamics of learning, remembering and forgetting, preparing to study, note-taking techniques and tips for taking various types of tests.

For more information on classes held at the Family Advocacy conference room, call 225-3648. For information on classes held at the FSC, call 225-8725.

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Editor's note: One-on-One is designed to familiarize Yokota's population with local and host nation leadership. The following interview is with the new 374th Airlift Wing commander, Col. Mark Zamzow, pronounced 'zam zo.' The interview was conducted by Staff Sgt. Jeff Loftin and the photos are by Senior Airman Matt Miller.

Q: What are your impressions of Yokota since the last time you were assigned here?
A: There have been some big time changes at Yokota, no doubt about it. With all the money that's been invested here and the hard work of the people, this is an incredibly different base than it was six years ago when we left. It's very impressive.

Q: What are your top priorities as wing commander?
A: My top priorities are going to be community and mission. Certainly, being new to the wing, I want to get a feel for what is going on and what the current state of things is. But, I feel community is extremely important for all the people functions that are going on, relations with other organizations, being effective and getting the quality of life as good as we can get it then trying to get it better. It all ties into mission. The better people are with their community, the more happy they are, and the better the mission is going to be executed.

Q: If money were no object, what kind of car

ONE

-on-

ONE

with

Col. Mark R. Zamzow

374th Airlift Wing commander

would you drive?
A: I would say I'd get a Volvo. I have no idea how much they cost, but the safety and reliability features make it a good family car. That's kind of me. I'm not a hot rod kind of guy.

Q: What is your leadership philosophy?
A: To lead by example and empower those who are working for you. To let them do their jobs the way they should be done. So, show them how to do it. Get in there and get your hands wet, get them dirty. Go out and have fun doing it. Lead, but certainly if somebody is empowered to do a job coach them, lead them but let them do their job and get some accomplishment that way.

Q: Being from Wisconsin, can you name six types of cheeses?
A: Being from Wisconsin, I could probably name American, cheddar and Swiss cheeses. I know they aren't Wisconsin specialties. But, if you asked me if I could name a dozen Packers from the glory days I could do that. Brauts are my favorite form of Wisconsin cuisine.

Q: Have you planned any initiatives for the wing?
A: I honestly think it's too early for me to do that. I'm not the kind of guy that's going to jump right in and make changes without finding out what the flavor of the community is, what's right and what's wrong. We'll figure out some good initiatives later. Certainly though there are some big inspections coming up here in the near future



and we'll want to focus on those so we can show off what this wing can do with the mission here.

Q: What do you think is the wing's greatest strengths?
A: I think certainly the people. I've been gone for a while, but coming back and just going to the food court and seeing people around base and all that everybody is smiling and cheering. Good people, that's the foundation of being successful. Hopefully, we've got a great start.

Q: If you were at a community relations event where everyone had to sing a song karaoke style, what song would you pick?
A: I haven't done this in about six years so it would probably be something I know the words to. Billy Joel's Piano Man would be one I could sing to in at least the right key and any of the Beatles songs probably. As long as they have the lyrics there, I'll hang in there.

Q: After you received word that you were coming back to Yokota, what memories came to mind?
A: Memories of a great group of people and a lot of unit camaraderie, not just in the C-130 stuff that I did, but all over the wing and the base. Good people, excellent friendships and lots to do as a community.

Q: What are you most looking forward to in this assignment?
A: I'd say working with people and solving problems

see ZAMZOW page 5

Advertisement

ZAMZOW from page 4

for them that are meaningful, real and happen quickly. Being on the Air Staff for the past couple of years we saw some good problems, but they weren't real quick. It takes a while to work the staff stuff through where here we're down at the roots level. I obviously want to make things better as much as I can. So, let's identify some problems and hopefully I can go to bat and help get them fixed.

Q: What are some of your hobbies and interests?

A: Family stuff mainly for hobbies. With three boys and a wonderful wife, I really enjoy going and doing stuff with them. So, whether it's picnicking or swimming or hitting the beach or whatever. Hopefully, we'll get to go skiing here sometime. Any sport, as I've gotten older I've kind of steered away from basketball and baseball and all that. I'm jogging and swimming and golfing right now.

Q: How do you feel your previous assignments prepared you for this job?

A: I think very well. I've been a group commander in the strategic world at Charleston, S.C., so I've got real familiar with C-141s and C-17s. Certainly the staff job at the Air Staff with doing programming which involves budgeting money for the future years for the entire Air Force budget. Just being in all these meetings in which I was more or less a bleacher bum than running them, but I got to hear a lot of our senior leaders make decisions and the background behind them. I think those two backgrounds help me come back here to where I can recognize things and help steer the boat in the right direction. Just like any job, you don't know until you get there and you jump right in and try it out. Hopefully, I'm prepared enough to lead this wing in the right direction.

Q: What were some of the most memorable places you visited while here on your last tour?

A: Showa Park, we love that. Once again the family is going there. The family trip to Kyoto and down to the Hiroshima area to see our relatives. My wife is half Japanese. Her mom is Japanese and was born in Kure down near Hiroshima. So, we've got six aunts and uncles and cousins and all sorts of folks down there. We're going to touch base with them.

Q: There are about 2,000 Japanese workers here. Do you have any comments for them?

A: Certainly the Japanese national workers on base here, and at Misawa, are key parts of the team. When I'm working with community and mission they are a major part of both of those focus areas. Certainly without them nothing is going to get done. Great team, great people. Fantastic work ethic, just like I remember from before. This is going to be fun. They are major players as part of the team, Team Yokota.

DOC from page 1

the number one topic retired coalition members are discussing now is how to make sure the retirees are treated as space required, as opposed to space available, which Carlton said implies they are "second class." He sees retiree medical treatment overseas as a more "difficult issue."

"The care is available (to retirees) but, it involves travel. That makes it less convenient simply because they live in a foreign country."

Technology, Carlton said, may solve this problem for retirees, as well as active duty members.

"We're trying to solve that by lever-



Lt. Gen. Paul Carlton Jr.

aging technology. Why can't we use tele-medicine? Why can't we move electrons instead of people and can these things be of practical use to us?" he said.

Two of the biggest challenges Carlton sees in the future are to learn how to partner with medical colleagues in local areas and to learn how to adopt best business practices, while maintaining the readiness focus.

Those challenges shouldn't be difficult, according to Carlton, considering the quality of health care providers the Air Force continues to recruit. He also talked about some of the "exciting" initiatives the medical field has in the

works to optimize the use of enlisted medics.

"We have a group of people, coming in the service at all levels, that are the finest quality we've ever seen. From the enlisted level, we are addressing how best to do our technical training and how best to develop them after their first tour. (We want to know) if we can extend their opportunities to contribute more in a vocational nurse or associate degree nurse program. So, on the enlisted side, we've got exciting opportunity."

Carlton continued his trip with stops at Misawa and Kadena, and bases in Korea, Guam and Hawaii.

PAID from page 2

needs the 374th Comptroller Squadron was the first to respond and received the lion's share of the funding.

"Every organization on base benefited," said Bell. "Actually, almost all the people here at Yokota will benefit because of things like fitness equipment, dining hall fixtures, new furniture and carpets for the dorms. Lots of things that effect quality of life throughout Yokota got selected. We will soon be seeing those things. When you go to the gym to work out you'll see new equipment. When you go to the dining hall to eat you'll see new plates, silverware and furniture."

The comptroller squadron also oversaw what Dacus called, "one of the best end-of-year closeouts ever here." The unit was the first and the smoothest closeout in all Japan, according to Defense Finance and Accounting Service-Japan officials.

The unit also tried to make things more convenient for its customers. This year they got permission to start giving people basic financial information over the phone keeping them from having to make a trip for information like how much their temporary lodging

allowance was. The comptroller squadron also began sending travel vouchers by e-mail instead of through the mail cutting delivery time to customers from three days to one day.

The unit also took other awards in this year's competition. Staff Sgt. Richard Tiffin, from the comptroller squadron here, was named the PACAF financial management analyst NCO of the year and Senior Airman Robert Chabarria earned PACAF FMA airman of the year. Miyuki Kiyota took PACAF FMA civilian of the year.

"The young airmen who come here on their first or second duty station, they're the ones who provide the customer service," said Dacus. "Everyone in this squadron is attributable. There were a lot of people supporting each other and doing a great job. Group commanders, squadron commanders, flight commanders and all the way down, those are the people who execute the wing's program, not us. What we do is give advice and assistance and fortunately we all did a good job this year and the team came together. It was truly a team effort. We couldn't do it without everyone's support."

Action Line

225-TEAM or action.lines@yokota.af.mil

The Action Line is your direct line to me, Col. Mark Zamzow, 374th Airlift Wing commander.

Use the Action Line if you have questions or comments about Yokota, which couldn't be resolved by your chain of command.

When you call, leave your name and phone number so you can be reached for more information if needed. Your identity won't be released to the public. Subjects affecting the base population will be published here.



Col. Mark Zamzow
374th Airlift Wing commander

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DEADLINE

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Next week...

Earthquake Exercise



Advertisement

ON THE BENCH

Jan. 7 through Jan. 27

HAWC classes

Cholesterol class -- 2 to 3 p.m. Jan. 19 at the Health and Wellness Center. Teaches how to lower your cholesterol.

Flexibility 101 -- 9 to 10 a.m. Jan. 25 at the Health and Wellness Center. This class is designed to aid people at all fitness levels by explaining the necessity of performing flexibility exercises daily as well demonstrating proper techniques that should be applied with engaged in stretching activities.

Principles of Strength Training -- 9 to 10 a.m. Jan. 26 in the HAWC. Class designed to introduce basic training principles and safe exercise techniques with the goal of promoting more effective and lasting training results.

Total wellness class -- 9 to 10:30 a.m.

Phone line: Japanese phone line, plus ID and answering machine capable phone; just \$450. Available when you are. Call 042-578-0649. (1)

For sale: Luxman amplifier, \$125; Yamaha 5-disc CD changer, \$125; Bose 5-speaker system, \$150; Sony center channel system, \$50; Onyoko surround sound processor, \$75; RCA Hi-Fi VCR, \$50; or all for \$550, all with manuals and remotes. 227-3940. (1)

Automobile: 1990 Isuzu Bighorn SUV, 2-door, 4-wheel drive, turbo/diesel, 5-speed, air, CD changer, excellent condition, JCI until August 2001, \$4,200. 090-4605-0595. (1)

For sale: New digital camera, \$200 OBO. 227-4390 or 090-7180-4643. (1)

Automobile: 1990 Nissan Laurel, 4-door, power everything, runs excellent, great family car, JCI until June 2001, \$1,800, must sell ASAP. 227-4017. (1)

Automobiles: 1986 Toyota Camery, 16 vlv EFI, 4-door, power steering, brakes and windows, runs great, body in good condition, JCI until September, \$1,000 OBO; 1984 Toyota Town Ace 8-passenger van, 5-speed, power steering and brakes, body in fair condition, JCI until June 2001, \$800 OBO. 225-9165. (1)

For sale: Nintendo 64 game console, rumble pack, memory card and 10 games, \$225 OBO. 227-7913. (2)

Automobile: 1989 Nissan Pulsar, 2-door hatch-back, automatic, power windows, door locks and mirrors, T-top, AM/FM cassette, CD player, JCI till January 2001, \$1,800. 227-6336. (2)

For sale: Pug puppy, 8 months old, includes dog house and travel cage, \$300 OBO. 227-8302. (2)

For sale: Navy blue carpets, less than 6 months old, 12x15 \$65, 9x12 \$40 or both for \$90. 227-9966. (2)

For sale: Two Kenwood 12" woofers and 600-watt amplifier for car, perfect for the 12s, \$200 for everything. 227-3643. (2)

Automobile: 1989 Honda Integra, black, five-speed, cold A/C, new tires, sports exhaust system, excellent condition, must sell for PCS, \$2,250 OBO. 227-9373. (2)

in the HAWC. This is a program designed to improve overall health and well being by increasing awareness and education on health related issues. For information on classes held at the HAWC, call 225-8322.

Youth bowling league

Beginning Saturday, Tomodachi Lanes is holding its youth bowling league every Saturday. The league is open to youth ages 4-11. For more information, call Tina Hosford at 225-7615.

Judo news

Yokota has a classical Judo Club practicing Tuesdays and Thursdays at the East Elementary School gymnasium. Instructor Robert Anderson offers classes for adults ages 13 and above. Anderson has 31 years of experience and is a former member of the Armed Forces Judo Training Team, attended the U.S. Olympic Training Center and is a certified National Referee. For more, call 225-3940.

Tumblin’ down ...



Tyson Woods goes for broke on an east side skating park ramp at the first anniversary competition Jan. 8. He clinched first in the beginner incline division. Chris Micks took the intermediate inline skate division, Scott Light topped the skateboard competition and Pip Evolu topped the BMX contest.

photo by Staff Sgt. Jeff Loftin

Fuji Classifieds

To submit an ad, e-mail: fuji.flyer@yokota.af.mil or drop off at the 374th Airlift Wing Public Affairs Office (Bldg. 315). Advertisements must be for one-time sales only, 25 words or less and include a name and phone number. No more than two ads per family, per week. Ads are run for two or three weeks (space permitting)

For sale: Panasonic mini-system, Dolby Pro Logic, surround speakers, five CD changer, 3,300 watts PMPO, \$200. 227-3952. (2)

For sale: Sharp 8mm ViewCam, 3" color LCD, 16X zoom, used less than five hours, cost \$599, will sell for \$350; Oral Max electric toothbrush and flosser, never used, \$75; DeLonghi toaster, great condition, cost \$149, will sell for \$45; Salton coffee, espresso and cappuccino maker, black, new in box, cost \$229, will sell for \$129. 227-3260. (2)

For sale: Sofa, love seat with foot rest, rocker, two end tables and coffee table, good condition, \$850 OBO. 227-8302. (2)

For sale: Four Bridgestone 185/55 R14 on Toyota rims with covers, like new, \$80; Japanese phone line, \$350; Japanese 19" TV and hi-fi VCR, \$60 for both; solid wood entertainment center, \$60 OBO. 227-2401. (2)

Automobiles: Toyota Starlet, gray, 3-door, automatic, air, AM/FM cassette, JCI until March 2001, \$1,700; 1988 Toyota Sprinter, blue, 4-door, automatic, air, AM/FM cassette, JCI until June 2001, \$1,800. 227-7518. (2)

For sale: Three adult bikes; two air conditioners. 227-7518. (2)

For sale: 14-karat gold tennis bracelet with 7-karat cubic zirconia diamond, \$250. 227-2666. (2)

For sale: Four 17" Wishbone rims with brand new low-profile tires, \$600 OBO; brand new 600-watt Kenwood amp, model KAC-S726, \$150. 227-4159. (2)

For sale: 166mhz computer with Windows 95,

15" color monitor, bubble jet printer and computer stand, \$500 OBO; ladies beach bike, \$45 OBO. 227-9928. (2)

Free: 7-month-old male cat, white, one blue and one gold eye, all shots current, free neuter coupon. 227-4110. (2)

Wanted: Piano teacher with reasonable rates. 042-530-2842. (2)

Automobile: 1988 Toyota Celica, 5-speed, all-wheel drive all the time, JCI until July 2001, runs great, \$1,800 OBO. 227-8686. (2)

For sale: Two General Electric air conditioners, 6,000 BTU, 110 volts, \$75 each or \$130 for the pair, Duracraft 5-gallon cool air humidifier, \$30. 225-9165. (2)

For sale: New Gateway computer, still in box, Pentium III, 450mhz, 64mb 100mhz SDRAM expandable to 384mb, 17" color monitor, Windows 98, Microsoft Works Suite 99, CD-ROM drive, 8mb

graphics accelerator, speakers, \$1,600. 227-2307. (2)

Automobile: 1987 Nissan Villa, runs great, JCI until July 2001, must sell to PCS, \$500. 227-8619. (2)

Automobile: 1991 Nissan Pulsar, \$2,700 OBO. 227-2690. (2)

For sale: Cannondale Super V bike, \$1,300; tandem bike, \$300; toddler bed with mattress, Looney Toons sheets, \$45; Regina steam cleaner, \$50; men's extra large ski suit, \$75. 227-4325. (2)

For sale: Epson color printer, recliner, double recliner sofa, dresser, bookcase, canvas patio chairs, older Sunbeam gas grill with new burner and tank. 227-2473. (2)

For sale: Three air conditioners, 12,000 BTU (brand new, bought in 1999), 10,000 BTU (bought in 1998) and 8,000 BTU, all three for \$300 due to unexpected PCS. 227-3540. (2)

For sale: Natural brown wood table, 5'x3', seats six, \$175; Hoover upright vacuum cleaner, \$40. 227-3053. (2)

Automobile: 1991 Toyota Carib, 5-door, 4-wheel drive, automatic, AM/FM cassette, power windows and door locks, excellent condition, reduced to \$2,300. 227-2473. (2)

For sale: 18,000 BTU Whirlpool air conditioner, 240v, \$175; Whirlpool 5,000 BTU air conditioner, 120v, \$75; two Japanese brand air conditioners, \$150 and \$100. 227-3053. (2)

For sale: Spring Air queen-size pillow-top mattress with box springs, great condition, \$100 OBO. 227-4292. (2)

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FFS

BETWEEN THE LINES

*“He was the greatest living
ballplayer I’ve ever seen play.”*

-- Yogi Berra

Former Yankees manger about
the late Joe DiMaggio

Frosty road race



photos by Senior Airman Bill Greer

Frosty finishes

Thousands of avid runners from around Japan came out on a chilly Sunday morning to participate in the yearly Strider Running Club’s Frostbite road race.

The event, which included a half-marathon, 5k run, and kids 2k fun run, welcomed participants in several categories: women’s, men’s, military, and wheelchair.

Winners of Sunday’s Strider’s Frostbite road race, in their respective category.

Half-marathon: Asada Atsushi (male); Hitomi Nakasaka (female); William White (military male)

5k run: Hirai Masami (male); Tomoko Hiranaka (female); Georgoe Hays (military male); Julia Martel (military female).

Wheelchair winner was Ken’ichi Sudo.



BASKETBALL STANDINGS

current as of Jan. 10

Over-30

American League

TEAM	Won	Lost
374 CONS	5	1
374 MXS	5	1
374 SUP	3	2
630 AMSS	2	3
USFJ	2	4
374 OSS	1	4

National League

TEAM	Won	Lost
374 CES	4	1
5 AF	4	1
374 SFS	2	4
AES/MDG	2	4
374 COMM	2	4
36 AS	1	4

Intramural

American League

TEAM	Won	Lost
36 AS	10	2
374 CPTS	10	3
630 AMSS “A”	9	3
SFS	8	4
374 COMM “B”	4	9
374 CES	4	10
AES/MDG “B”	3	9
30 AS	2	10

National League

TEAM	Won	Lost
374 MXS	11	1
374 MDG “A”	8	4
374 SUP	7	5
374 OSS	6	6
374 COMM “A”	5	7
TRANS	4	8
5 AF/USFJ	4	8
630 AMSS “B”	3	9

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